

Dear Parent/Carer

Your child's class has taken part in this year's National Child Measurement Programme – a programme that aims to measure the height and weight of all children in Reception and Year 6 in England to find out more about children's growth across England. You have asked to receive your child's measurements from this programme. This information is held by the Primary Care Trust (PCT), and your child's results will not be given to your child's school. Please find the results below.

Your child's results	
Name:	
Date of Measurement:	
School:	
Your child's height is:	centimetres
	(to first decimal place—ie, to the nearest millimetre)
Your child's weight is:	kilograms
	(to the first decimal place—ie, to the nearest 100 grams)

A leaflet called *Why your child's weight matters* contains more information about the National Child Measurement Programme, advice about healthy lifestyles and who to speak to if you are worried about your child's weight. For a copy of the leaflet call 08701 555 455, email dh@prolog.uk.com (reference number 277810), or download at www.dh.gov.uk/healthyliving. The leaflet is available in several languages online.

If you would like help understanding your child's height and weight or you have concerns about your child's weight please visit: www.direct.gov.uk/childweight.

Thank you for your interest and for taking part in this programme.

Yours sincerely