

# **GOLDEN RULE 5**

**Support me**

- ➔ **Think carefully about how to communicate with me in a way that I will understand, and don't give up until I do.**
- ➔ **Check with me that I understand, and don't assume that I do.**
- ➔ **Remember that I might need somebody to speak with me, or for me, at times.**
- ➔ **Give me a chance to ask questions.**
- ➔ **Answer me honestly.**
- ➔ **Support me to say what I think in ways that suit me best.**

**COMMUNICATE**

**INTEREST**

**question**

**support**

**understand**


**GOLDEN  
RULE**


**5**

**THINK...**



## Children and Young People: Things to Think About

 Sometimes it is hard to say what you want to say. What kind of help can other people give you?

 How do you change the way you communicate to suit the different needs of children and young people?

Adults:  
Things to Think About