

APPENDIX 1: Main Types of Controlled Drugs by Class

The Misuse of Drugs Act (1971)

	Class A	Class B	Class C
Principal drugs included	Opium Heroin/methadone Cocaine/Crack LSD Ecstasy Magic mushrooms (processed) Cannabis oil (derived from herbal cannabis) Class B drugs prepared for injection	Amphetamines eg Ritalin Barbiturates Codeine	Mild amphetamines Anabolic steroids Benzodiazepines (minor tranquillisers eg temazepam, diazepam) Some stimulant, anti-depressant and anti-obesity medicines Cannabis resin Cannabis herb GHB (Gamma-hydroxy butyrate)
Maximum penalties for possession	7 years and/or a fine	5 years and/or a fine	2 years and/or a fine
Maximum penalties for possession with intent/supply	Life imprisonment and a fine	14 years and/or a fine	5 years and/or a fine 14 years (cannabis only)

Please note:

- Although a Class C drug the maximum penalty for supply/possession with intent of cannabis is 14 years.
- Magic mushrooms are not illegal to possess or eat in their raw state, but it is an offence to process them, dry them, store them or use them in tea, stew etc.
- The above table refers to some commonly available drugs. It is not a complete list of controlled drugs.

Offences under the Misuse of Drugs Act (1971)

These include:

- **Possession** – to knowingly be in possession of a relatively small quantity of a controlled drug for personal use. What constitutes a small quantity is left to the discretion of the police.
- **Possession with intent to supply another person a controlled drug** – possessing a larger quantity of a drug or packaging it in a way that indicates it is going to be supplied to others.
- **Supplying another person a controlled drug** – giving or selling drugs to someone else, including friends.
- **Supplying or offering to supply drug paraphernalia** – this includes equipment for smoking cannabis or crack cocaine, but needles and syringes are exempt.

APPENDIX 2: Monitoring and Evaluation of a School Drugs Policy**A Questionnaire for Parents/Guardians**

- 1 Are you familiar with the school's Drugs Policy?
☐ Yes ☐ No ☐ Never heard of it

- 2 Have you received a copy of the school's Drugs Policy?
☐ Yes ☐ No

- 3 Are you familiar with the school's drugs education programme?
☐ Yes ☐ No ☐ Never heard of it

- 4 Would you like to know more about the school's drug education programme?
☐ Yes ☐ No

- 5 Would you be interested in any of the following? (Please tick ✓).
☐ receiving a copy of the school's Drugs Policy
☐ becoming involved in reviewing the school's Drugs Policy
☐ attending an information session on the school's drugs education programme
☐ having an opportunity to see the resources available or used in the school's drugs education programme
☐ receiving drugs information leaflets from the school

Comments (including suggested amendments)

B Questionnaire for Staff

1 Are you aware of the school's Drugs Policy?

☐ Yes ☐ No

2 Have you received a copy of the school's Drugs Policy?

☐ Yes ☐ No

3 Do you know who the designated teacher for drugs is within the school?

☐ Yes ☐ No

4 Are you familiar with the school's position on: (Please tick ✓)

☐ Confidentiality

☐ Procedures for inviting/using visitors

☐ Procedures for dealing with an allegation of an incident of suspected drug misuse

5 Do you think the school's Drugs Policy is workable?

☐ Yes ☐ No

Please explain _____

6 Are you involved in delivering the drugs education programme?

☐ Yes ☐ No

If no go to Question 11.

7 In your opinion which areas of the drugs education programme have been successful?

8 In your opinion which areas of drugs education have not worked well?

9 What, in your opinion, are the reasons for this? (Questions 7 and 8)

- 10

In your opinion what aspects of the drugs education programme are not meeting the needs of the pupils?
- 11

Have you participated in any in-service training about using active learning approaches in your teaching?

☐ in the last year

☐ in the last two years

☐ in the last four years

☐ never
- 12

Have you received any in-service training about basic drugs awareness or procedures for handling suspected drugs-related incidents.

☐ in the last year

☐ in the last two years

☐ in the last four years

☐ never

Training needs assessment:

How competent do you feel in each of the following areas?

	Very.....Not Very			
Trends in young people's drug use	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Legal issues relating to drug use	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Society's attitudes towards drug use	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Approaches to drug and alcohol education	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Interactive teaching methodologies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Building self-esteem	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Dealing with drugs-related incidents	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
Specialised support available to pupils	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

C Questionnaire for Pupils**Section A: About You**

- 1 Are you: ☐ Male ☐ Female
- 2 Do you live in:
☐ The town
☐ The countryside
- 3 How many years have you been at this school?
☐ 5 years ☐ 4 years ☐ 3 years ☐ 2 years ☐ 1 year

Section B: Smoking

- 4 Have you ever smoked a cigarette?
☐ Yes ☐ No **If you've answered 'No' - Go to Section C**
- 5 What age were you when you smoked your first cigarette?
☐ 16 ☐ 15 ☐ 14 ☐ 13 ☐ 12 or younger
- 6 Do you still smoke?
☐ Yes ☐ No **If you've answered 'No' - Go to Section C**
- 7 How many cigarettes do you usually smoke in a week?
☐ 1-10 ☐ 11-20 ☐ more than 20
- 8 Do any of your friends smoke?
☐ None of them ☐ Some of them ☐ Most of them
- 9 Do your parents/guardians allow you to smoke?
☐ Yes ☐ No

Section C: Alcohol

10 Have you ever tasted alcohol (that is had a sip of it)?

☐ Yes

☐ No

If you've answered 'No' - Go to Section D

11 What age were you when you actually had a "proper" drink rather than a sip or a taste?

☐ 16

☐ 15

☐ 14

☐ 13

☐ 12 or younger

12 Do you still drink?

☐ Yes

☐ No

If you've answered 'No' - Go to Section D

13 Do you usually drink something alcoholic:

☐ At least once a week

☐ Once a month

☐ Only on special occasions

14 How many drinks do you usually have when you are out for the night?

☐ None

☐ 1 or 2

☐ Enough to get me drunk

15 Do any of your friends drink?

☐ None of them

☐ Some of them

☐ Most of them

16 Where do you usually drink?

☐ In a pub/bar

☐ At a club/disco

☐ In a park/public place

☐ At home

☐ In someone else's home

☐ Somewhere else (Please state _____)

17 Do your parents/guardians allow you to drink?

☐ Yes

☐ No

Section D: Other drugs

- 18 Put a ✓ at each of the following drugs that you have either heard of or have been offered or have used before?

	Heard of	Been offered	Used
Cannabis (dope, grass)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cocaine (coke)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ecstasy (XTC, E's)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heroin (H)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LSD (acid, tabs, trips)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Magic mushrooms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poppers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Solvents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Steroids	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Speed (whiz, uppers)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 19 What age were you when you first used a drug from the list above?

☐ I've never used a drug from the list - **Go to Section E**

☐ 16 ☐ 15 ☐ 14 ☐ 13 ☐ 12 or younger

Which drug was it that you used? _____

- 20 What was the **MAIN** reason you took this drug? - **Remember to tick ONE box only!**

☐ I was curious ☐ I was bored ☐ I wanted to feel good
☐ Everyone else was doing it ☐ I wanted to forget about things
☐ Some other reason (Please state _____)

- 21 Do you still take drugs (of any kind)?

☐ Yes ☐ No **If you've answered 'No' - Go to Section E**

22 Do any of your friends take drugs?

☐ None of them

☐ Some of them

☐ Most of them

23 Where do you usually take these drugs?

☐ In a pub/bar

☐ At a club/disco

☐ In a park/public place

☐ At home

☐ In someone else's home

☐ Somewhere else (Please state _____)

Section E: Drugs Education in School (including tobacco and alcohol)

24 Where do you get **MOST** of your information about drugs? - **Remember to tick ONE box only!**

☐ TV/News

☐ Magazines/Books

☐ Family/Relatives

☐ Friends

☐ Teachers/Talks at School

☐ Someone else Who? _____

25 How much would you say you know about drugs on a scale of 1 (Nothing at all) to 5 (Loads)?

1 ☐ Nothing at all

2 ☐ Very Little

3 ☐ Little bits but not enough

4 ☐ Quite a lot

5 ☐ Loads

26 Have you had any classes on drugs education since you've been at this school (including tobacco and alcohol)?

☐ Yes

☐ No

If you've answered 'No' - Go to Question 31

27 What subject(s) did you have these drugs education classes in (including tobacco and alcohol)?

☐ Science

☐ RE

☐ PE

☐ HE

☐ English

☐ PSE

☐ Form Class

☐ Some other class Which? _____

28 How helpful did you find these drugs education classes (including tobacco and alcohol)?

☐ I didn't find out anything new

☐ I found out quite a lot of things I didn't know

☐ Everything I found out was new

☐ I found out a few new things

29 What did you enjoy most about the drugs education classes (including tobacco and alcohol)?

30 What did you enjoy least about the drugs education classes (including tobacco and alcohol)?

31 If you were organising the drugs education programme in your school what would be the **ONE** most important thing it would include?

32 Do you know what happens when:

Someone is found smoking in school	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Someone is found drinking alcohol in school	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Someone is found selling alcohol in school	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Someone is found drunk in school	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Someone is found in possession of illegal drugs in school	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Someone is found taking illegal drugs in school	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Someone is found selling illegal drugs in school	<input type="checkbox"/> Yes	<input type="checkbox"/> No

APPENDIX 3: Factors Identified with Effective Drugs Education

Recent research has identified a number of factors – both positive and negative – which impact on the effectiveness of drugs education programmes in schools. This research (Lowden and Powney 2000) suggests that when developing drugs education programmes schools should:

- tailor the programmes to the age of the pupils;
- create programmes that challenge pupils' views on drug use before the end of Key Stage 2;
- identify needs in terms of drugs-related knowledge, attitudes and behaviour;
- identify local patterns and prevalence of drug-use;
- identify a range of clear and realistic intervention objectives which relate to individual and community needs;
- identify drugs education programmes and approaches which are compatible with needs and intervention objectives as well as being feasible in relation to resources;
- clarify expectations of, and support from the school and wider community;
- ensure that senior management and the school ethos support realistic interventions;
- employ appropriate teaching and learning methods such as interactive and participative methodologies and avoid over-reliance on didactic approaches;
- ensure interventions are appropriate for the developmental stage of the individual pupil(s) and are culturally sensitive;
- evaluate the drugs education programmes using evaluation criteria that relate to the stated objectives;
- involve families and the local community in the drugs education programmes, as this can increase the likelihood of its effectiveness and promote longer-lasting results; and
- maintain contact with local Education and Library Boards and other relevant agencies to keep up-to-date with information relating to drugs education.

The research also argued that drugs education programmes are likely to be less effective when:

- incomplete, inaccurate or incomprehensible information is given;
- the possible factors that may have a role in initiating experimentation with drugs are not addressed;
- there is a lack of clear and realistic objectives;
- only one isolated strategy is used. Drug misuse is likely to be 'multifactorial'.

- scare tactics are used;
- they are delivered in such a way that they seem to be imposed on the target audience;
- these are delivered by participants without adequate skills in dealing with children and young people;
- they are not an ongoing part of the school curriculum; and
- they cannot be properly evaluated.