

### **BRIEFING PAPER**

Number 6836, 20 January 2016

# School Sport

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# Summary

In a letter to the Chair of the Youth Sport Trust in October 2010, the then Education Secretary, Michael Gove, announced that the Coalition Government was lifting the requirements of the previous Government's PE and Sport Strategy and would end ringfenced funding for School Sport Partnerships. The letter, along with a further announcement made in December 2010, outlined the Coalition Government's approach to school sport. This included:

- revising the physical education (PE) curriculum to place a new emphasis on competitive sports;
- encouraging more competitive sport through the creation of an annual Olympicstyle school sport competition; and
- funding for secondary schools to allow PE teachers to spend one day a week encouraging greater take-up of competitive sport in primary schools.

This briefing paper provides more information on these policies and subsequent developments in the provision of PE and sport in schools. It includes information on:

#### PE in the National Curriculum

Under the reformed National Curriculum, which local authority maintained schools have been required to teach since September 2014, PE remains a compulsory subject at all key stages. Academies and free schools do not have to follow the National Curriculum but are required to provide a broad and balanced curriculum that promotes, among other things, the physical development of pupils. National Curriculum programmes of study outline what should be taught at each key stage.

#### Funding for PE and school sport

Funding for primary and secondary school PE and sport forms part of the Dedicated Schools Grant, which is not broken down by subject or curriculum area. In addition, since 2013/14 the PE and Sport Premium has provided £150 million per year to primary schools to improve the provision of PE and sport. Other funding previously available included the Primary School Sports Facilities Fund (closed to new applicants in March 2014) and PE Teacher Release Funding (available during 2011/12 and 2012/13).

#### The School Games

In June 2010, the Coalition Government announced plans for a national Olympic and Paralympic-style sports competition for schools. The first competition began in September 2011 with the finals taking place in May 2012 at the Olympic Park. The finals of the 2015 School Games will take place in Manchester in September 2015.

### **School playing fields**

From October 2012, new regulations have applied to the provision of outdoor space by schools. These require that suitable outdoor space must be provided to enable "pupils to play outside" and "physical education to be provided to pupils in accordance with the school curriculum". Guidance on the disposal of school playing fields was also updated by in February 2015. The <u>quidance</u> sets out the relevant legislation and procedure relating to the disposal of school land.

#### Sport strategies and the Olympic legacy

In January 2012, the Coalition Government published a new five-year youth and community sport strategy. Amongst other things, the strategy aimed to improve the link between schools and local sports clubs, with the objective that by 2017 "every secondary school and many primary schools will have links with at least one local club." The strategy

additionally committed funding "to allow schools to open up their sports facilities ... to the public." In addition, in September 2012 the Coalition Government announced a ten point plan as part of a commitment to secure a lasting sporting legacy from the 2012 London Olympic Games.

In December 2015, the Government published a new sport strategy, Sporting Future: A New Strategy for an Active Nation. Regarding school sport, the strategy emphasised the importance of linking together the different stages of education and "more clearly join[ing] up the overall approach". The strategy contained a number of commitments relating to schools, including that:

- The PE Sport Premium would be retained
- The effectiveness and future priorities of the School Games will be assessed
- A working group will advise on how to ensure no child leaves school without a minimum swimming capability
- The Government will seek to better understand the drop –off in engagement from primary to secondary, particularly for those groups most affected such as girls

#### Surveys and reports on PE and school sport

The final section of the briefing provides information on a number of recent surveys and reports on the provision of PE and school sports.

More information on School Sport Partnerships, including the decision to end ring-fenced funding for them is provided in Library Briefing Paper 6052, School Sport Partnerships.

# 1. Physical education in schools

### 1.1 The National Curriculum

Following a review launched in January 2011, a new National Curriculum was introduced for most subjects, including physical education (PE), from September 2014. Local authority maintained schools are required to follow the National Curriculum. Academies and free schools do not have to teach it, but are required to provide a broad and balanced curriculum that promotes the spiritual, moral, cultural, mental and physical development of pupils.<sup>1</sup>

Under the revised National Curriculum, PE remains compulsory at all key stages. The stated aims of the National Curriculum for PE are to ensure that pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.<sup>2</sup>

The National Curriculum programmes of study for PE outline what should be taught at each key stage:

### Key stage 1 [ages 5-7]

[...]

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

### Key stage 2 [ages 7-11]

[...]

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]

<sup>&</sup>lt;sup>1</sup> Academies Act 2010, Section 1(5)

Department for Education, <u>National curriculum in England: physical education programmes of study</u>, September 2013; <u>HC Deb 28 June 2011 c 763-4W.</u>

- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

#### Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

#### Key stage 3 [ages 11-14]

[...]

Pupils should be taught to:

- use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennisl
- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnasticsl
- perform dances using advanced dance techniques in a range of dance styles and forms
- take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- take part in competitive sports and activities outside school through community links or sports clubs

#### Key stage 4 [ages 14-16]

[...]

Pupils should be taught to:

- use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]
- develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics] or other physical activities [for example, dance]
- take part in further outdoor and adventurous activities in a range of environments which present intellectual and

physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group

- evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best
- continue to take part regularly in competitive sports and activities outside school through community links or sports

Library Briefing Paper 6798, National Curriculum review, provides further information on the National Curriculum review.

### 1.2 Time spent teaching physical education

The Education Act 2002 prohibits the Secretary of State for Education from prescribing the amount of time to be spent on any curriculum subject, including PE.<sup>4</sup> In addition, the then Minister, Edward Timpson, stated in July 2013 that the Department for Education does not offer guidance on the amount of time schools should allocate to PE.5

### **Box 1: Two hour target**

The former Labour Government's Physical Education and Sport Strategy aimed to increase the percentage of school children in England participating in two hours a week of PE.<sup>6</sup> In October 2010, the Coalition Government ended the requirements of the PE and Sport Strategy, including the requirement for schools to report how much time was being spent on PE. The Secretary of State additionally stated at the time, however, that he expected "every school to want to maintain, as a minimum, the current levels of provision for PE and sport each week for every pupil." 7 In a February 2013 report, Ofsted recommended that primary schools should spend at least two hours a week on core PE.8

In November 2015 the Department for Education published a research report on the use of the PE and Sport Premium (see section 2.1 below). The report stated that the median time primary schools reported spending on curricular PE remained constant at two hours between 2012-13 and 2014-15. The mean increased from 109 minutes in 2012-13 to 124 minutes in 2013-14, before falling to 118 minutes in 2014-15.<sup>9</sup>

Department for Education, National curriculum in England: physical education programmes of study, September 2013.

<sup>&</sup>lt;sup>4</sup> HC Deb 15 July 2013 c 518W

HC Deb 4 Nov 2013 c104W

Department for Education and Skills and Department for Culture, Media and Sport, <u>Learning through PE and Sport</u>, March 2003, p2

Department for Education, Refocusing sport in schools to build a lasting legacy of the 2012 Games, press release, 20 October 2010. See also, The Department comments on school sport target, Department for Education, 8 August 2012.

Ofsted, Beyond 2012 - outstanding physical education for all, February 2013, p8

Department for Education, The PE and sport premium: an investigation in primary schools: Research report, November 2015, p53.

# 2. Funding for School Sport

### 2.1 Primary school sport funding

Funding for primary school sport and PE forms part of the Dedicated Schools Grant, which is not broken down by subject or curriculum area. Additional funding is provided to primary schools via the PE and Sport Premium. Up until March 2014 primary schools could also apply for funding from the Primary School Sport Facilities Fund.

### The PE and Sport Premium

In March 2013, the Coalition Government announced £150 million per year for 2013/14 and 2014/15 to improve the provision of PE and sport in primary schools. This ring-fenced funding, provided jointly by the Departments for Education, Health, and Culture, Media and Sport, was to be allocated to primary school head teachers. 10

An archived version of the Department for Education's website provides information on the purpose of the funding and how schools would be held to account for its use:

Schools must spend the additional funding on improving their provision of PE and sport, but they will have the freedom to choose how they do this.

Possible uses for the funding might include:

- hiring specialist PE teachers or qualified sports coaches to work with primary teachers when teaching PE
- supporting and engaging the least active children through new or additional Change4Life clubs
- paying for professional development opportunities for teachers in PE and sport
- providing cover to release primary teachers for professional development in PE and sport
- running sport competitions, or increasing pupils' participation in the School Games
- buying quality assured professional development modules or materials for PE and sport
- providing places for pupils on after school sports clubs and holiday clubs
- pooling the additional funding with that of other local schools.

#### Accountability

From September 2013, schools will be held to account over how they spend their additional, ring-fenced funding. Ofsted will strengthen the coverage of PE and sport within the 'Inspectors' handbook' and supporting guidance so that both schools and inspectors know how sport and PE will be assessed in future as part of the school's overall provision.

Primary school sport funding, Department for Education, 17 April 2013.

One year on, Ofsted will carry out a survey reporting on the first year's expenditure of additional funding and its impact.

Schools will also be required to include details of their provision of PE and sport on their website, alongside details of their broader curriculum, so that parents can compare sports provision between schools, both within and beyond the school day.<sup>11</sup>

The Gov.uk website provides information on how the PE and Sport Premium was allocated to primary schools in 2014-15:

- Schools with 16 or fewer eligible pupils receive £500 per pupil.
- Schools with 17 or more eligible pupils receive £8,000 and an additional payment of £5 per pupil. 12

In the Autumn Statement 2013, it was announced that the PE and Sport Premium would be extended into the 2015-16 academic year. <sup>13</sup> In addition, in February 2014 the Prime Minister committed to maintaining funding for the premium if the Conservatives won the 2015 general election. <sup>14</sup> This commitment was subsequently included in the Conservative Party Manifesto <sup>15</sup> and the Government sports strategy, published in December 2015 (see section 5.1 below), stated that the premium would be continued. <sup>16</sup>

On 17 July 2015, the Department for Education announced that in 2015-16 primary schools would receive the PE and Sport Premium on the same basis as in 2014-15.<sup>17</sup>

#### **Department for Education research report**

In November 2015 the Department for Education published the final research report of a two year study to investigate the use of the PE and Sport Premium and its impact on provision. The report, which was based on interviews with qualitative case studies, stated that:

- The most common uses for the premium were:
  - To up skill and train existing staff
  - Buy new equipment
  - Provide extra-curricular activities
  - Employ new sports coaches
- Since the introduction of the premium, the majority of schools:
  - Had introduced new sports
  - Perceived the quality and range of equipment to have increased.

<sup>&</sup>lt;sup>11</sup> Primary school sport funding, Department for Education, 17 April 2013.

PE and sport premium for primary schools, Gov.uk, last updated 10 March 2015.

<sup>&</sup>lt;sup>13</sup> HM Treasury, <u>Autumn Statement 2013</u>, Cm 8747, December 2013, para 2.164.

Primary PE and Sport Premium funding, Youth Sport Trust, last accessed 15 January 2016. See also, <u>David Cameron offers guarantee on primary school sport funding</u>, *Guardian*, 6 February 2014

<sup>&</sup>lt;sup>15</sup> *The Conservative Party Manifesto 2015*, p42-3.

HM Government, <u>Sporting Future: A New Strategy for an Active Nation</u>, December 2015, p35. See also: <u>P01993</u>, 17 June 2015.

Primary PE and sport premium for the 2015 to 2016 financial year, Department for Education, 17 July 2015.

- Reported that participation in inter and intra-school competitions had increased.
- Reported that the quality of PE teaching had increased (87%)
- The majority of schools used some form of targeting of their premium funds, with the least active and the most disadvantaged the most commonly targeted groups.
- A large proportion of schools reported that the premium had a positive impact on pupil fitness (99%), engagement in PE (84%), skills (98%) and behaviour (96%).

The risks identified by schools to the sustainability of the positive impacts were that:

- some provision may be lost if funding is ended
- the long-term impacts may be limited if secondary provision in the local area is poor
- staff turnover in smaller schools has the potential to limit the long-term benefits of investing in continuous professional development for teachers. 18

The report concluded that schools welcomed the introduction of the PE and Sport Premium and that it had "provided new opportunities to increase the quality of PE and sport provision in primary schools." the report further concluded:

The premium has enabled schools to enhance both the quality and range of PE teaching and sports provision. As a result of this investment, schools reported a range of positive impacts on pupils including increased pupil engagement and participation in PE and sports as well as impacts on social and inter-personal skills, behaviour, and PE skills and fitness. Schools also perceived positive impacts on the skills and confidence of teachers to deliver PE.

The findings of this study have also highlighted challenges for the future of PE and sport in primary schools. To sustain the impact of the premium, schools have used it to invest in training for existing staff. However, a question remains over how to maintain this investment in CPD for new teachers entering the profession, once premium funding ends. Schools also raised issues related to sourcing good quality provision in their local area, and may need further support to robustly assess the quality of the provision available. The survey also found that monitoring and evaluation of the premium was not consistent and schools may require further advice and guidance to support them to first assess impacts and then put in place strategies for continuing quality improvement. 19

#### **Ofsted survey report**

In October 2014, Ofsted published a report on the use of the PE and Sport Premium. The report was based on evidence from visits by Ofsted inspectors to 22 primary schools known to be performing well in PE.

The report stated that in the majority of the 22 schools visited, head teachers were using the additional funding to make improvements to PE and sport for pupils, with the result that pupils were generally being

Department for Education. The PE and sport premium: an investigation in primary schools: Research report, November 2015, pp12-14

<sup>&</sup>lt;sup>19</sup> As above, p14

provided with better quality PE teaching. The employment of sports coaches or specialist teachers, and the extension of extra-curricular sports activities, were found to be the most common uses of the funding. Providing staff with professional development was also found to be popular.

The report also found that the majority of headteachers felt that there was a lack of guidance on how the new funding should be used when it was first allocated, meaning that they did not initially feel confident to use it effectively. The report also found poor strategic planning and a lack of rigorous monitoring of the impact of actions to be common weaknesses.20

The report made a number of recommendations for schools, including to improve the measurement and evaluation of the impact that the premium is having. It also recommended that the Government should:

> ...provide further advice to schools about how to engage with health agencies and parents to promote pupils' health and well-being, especially concerning those pupils who are overweight or obese.21

### **Primary School Sports Facilities Fund**

The Autumn Statement 2013 announced a new lottery-funded scheme to improve sports facilities in primary schools:

Sport England will launch a £18 million Lottery-funded scheme Primary School Sports Facilities Fund from 2014 to improve sports facilities in primary schools, to benefit both school children and the wider community. 22

Sport England's website explains how and where the funding was to be allocated:

The Primary Spaces fund, which will help more schools create sports spaces, is similar to our Inspired Facilities programme. Schools will receive up to £30,000 to spend on a range of specially created packages which can be tailored to meet their needs.

The fund aims to help provide outdoor multi-sport areas which can be used both within the curriculum and out of school hours. As well as helping provide sports facilities, staff and volunteers at the school will receive information on how best to use the new facilities and equipment to help children get active.

Whilst we want to help as many schools as possible, priority is given to those primary schools which currently have little or no outside space which can be used for P.E. or sports sessions.<sup>23</sup>

The fund closed to applications on 24 March 2014 and there are no current plans for further funding rounds.<sup>24</sup> A written ministerial statement of 5 March 2015 outlined progress with the projects:

<sup>&</sup>lt;sup>20</sup> Ofsted, The PE and sport premium for primary schools: Good practice to maximise effective use of funding, October 2014, pp7-8.

<sup>&</sup>lt;sup>21</sup> Ofsted, The PE and sport premium for primary schools: Good practice to maximise effective use of funding, October 2014, pp7-8.

<sup>&</sup>lt;sup>22</sup> HM Treasury, <u>Autumn Statement 2013</u>, Cm 8747, December 2013, para 2.164.

<sup>&</sup>lt;sup>23</sup> Primary Spaces, Sport England, last accessed 29 June 2015.

<sup>&</sup>lt;sup>24</sup> Primary Spaces FAQs, Sport England, last accessed 21 July 2015.

The Primary Spaces Facilities Fund will enable 601 schools to improve their outdoor facilities and create spaces that will inspire and encourage pupils to take part in play.

Schools were awarded grants up to £30,000. All 601 schools have their projects planned this year; they are being installed in five waves throughout the academic year. Approximately 150 projects have now been completed with children enjoying their newly enhanced outdoor facility.<sup>25</sup>

### 2.2 Secondary school sport funding

As with primary schools, funding for secondary school sport and PE forms part of the Dedicated Schools Grant. However, unlike primary schools, secondary schools receive no additional ring-fenced sports and PE funding, as outlined in the following parliamentary answer from 2013:

Margaret Hodge: To ask the Secretary of State for Education what funding his Department plans to allocate for school sports to (a) primary and (b) secondary schools in Barking and Dagenham local authority area in (i) 2013-14 and (ii) 2014-15. [178240]

**Mr Timpson:** Funding for the provision of physical education (PE) and school sport at both primary and secondary level forms part of the overall Dedicated Schools Grant, which is not broken down by subject or curriculum area.

However, in recognition of the importance of PE and school sport, the Government is providing over £150 million additional funding per year for 2013/14, 2014/15 and 2015/16 which is ring-fenced solely for the improvement of PE and sport in primary schools.

Eligible schools located in Barking and Dagenham local authority area will receive a total of £450,600 in additional funding for PE and sport for the academic year 2013/14. Allocations for future funding in each local authority area are yet to be calculated.<sup>26</sup>

### PE Teacher Release funding in 2011-12 and 2012-13

In December 2010, the Coalition Government announced £65 million of Government funding until 2013 to fund one day a week of secondary school PE teachers' time to be spent out of the classroom encouraging intra and inter-school competition in primary schools.<sup>27</sup> In a letter to schools in May 2011, the Coalition Government provided details of how the funding would be allocated:

All state maintained secondary schools and Academies; middledeemed secondary schools and special schools (including nonmaintained schools; and pupil referral units with secondary aged pupils.

Level of funding: this will be a fixed, flat-rate grant of £7,600 per school, per academic year. (There will be no additional London weighting or 'on costs'.) Schools can choose to use their own budgets to increase the amount of time spent on this role, if they wish.

<sup>&</sup>lt;sup>25</sup> HCWS349, 5 March 2015.

<sup>&</sup>lt;sup>26</sup> HC Deb 9 Dec 2013 c78W

New approach for school sports: decentralising power, incentivising competition, trusting teachers, Department for Education, 20 December 2010.

Funding period: funding will be for two academic years 2011/12 and 2012/13.<sup>28</sup>

The funding was not ring-fenced.<sup>29</sup>

### 2.3 Funding for school sport partnerships

In October 2010, the Coalition Government announced that it was ending the previous administration's PE and Sport Strategy and discontinuing annual Department for Education ring-fenced funding for School Sport Partnerships.<sup>30</sup> Originally, the funding was to continue until March 2011 but this was extended to August 2011 following an announcement in December 2010. It was emphasised in the December 2010 announcement that although central Government funding was ending schools could continue, if they wanted, to fund School Sport Partnerships themselves.<sup>31</sup>

Library Briefing Paper 6052, <u>School Sport Partnerships</u>, provides further information.

<sup>&</sup>lt;sup>28</sup> PE Teacher Release Funding, Letter from DfE, 20 May 2011

<sup>&</sup>lt;sup>29</sup> HC Deb 20 Dec 2011 537 c1232-3W

Refocusing sport in schools to build a lasting legacy of the 2012 games, Department for Education, 20 October 2010.

New approach for school sports: decentralising power, incentivising competition, trusting teachers, Department for Education, 20 December 2010.

### 3. The School Games

On 28 June 2010, the then Culture Secretary, Jeremy Hunt, announced plans for a national Olympic and Paralympic-style sports competition for schools. In the statement, Mr Hunt said he wanted the School Games to "boost" the promotion of competitive sport in schools and that the initiative would be a key part of the 2012 Olympic sporting legacy. In January 2012, Sainsbury's was announced as the headline sponsor for the School Games for the next four years.<sup>32</sup>

There are four levels of competition within the School Games, which take place over the year and culminate in a national event:

**Level 1:** Intra-school competition

Level 2: Regular inter-school competition between schools at local level

**Level 3**: Annual county/sub-regional culmination of inter-school competition

Level 4: National multi-sport residential event.<sup>33</sup>

The first competition began in September 2011 with the finals taking place in May 2012 at the Olympic Park.<sup>34</sup> The finals of the 2015 School Games took place in Manchester on 3-6 September.

The Schools Games website provides more information about how the games are delivered:

Nationally and locally the Sainsbury's School Games is being delivered through partnerships. The national partnership is made up of:

- Department for Culture, Media and Sport (DCMS), which has overall policy leadership, supported by the Department for Education (DofE) and the Department of Health (DOH).
- Sport England, who are in charge of distributing Lottery funding and are supporting the engagement of Sports Governing Bodies and County Sports Partnerships.
- Youth Sport Trust, who are the landscape lead organisation for school sport. They been commissioned by Sport England to provide development support to schools, sports and other local partners.

Over £128m of Lottery and Government funding is being invested to support the School Games.

At a local level, the Sainsbury's School Games will be delivered by schools, clubs, county sports partnerships and other local partners. There are almost 50 Local Organising Committees (LOCs) which are chaired by Head Teachers and these oversee the county festivals.35

<sup>&</sup>lt;sup>32</sup> Sainsbury's to sponsor 2012 School Games, Youth Sport Trust, 10 January 2015.

Levels of competition explained, Sainsbury's School Games, last accessed 20 July

<sup>&</sup>lt;sup>34</sup> Olympic-style Sports Competition for Young People launched as part of 2012 Legacy DCMS Press Release 28 June 2010

What is the Sainsbury's School Games?, Sainsbury's School Games, last accessed 20 July 2015.

### 15 School Sport

In its sport strategy, published in December 2015 (see section 5.1 below), the Government stated that it would, along with Sport England and the Youth Sport Trust, "assess the effectiveness and future priorities of the School Games" before the Level 4 Finals in 2016.<sup>36</sup>

# 4. School Playing Fields

Since October 2012, new regulations have applied to the provision of outdoor space by schools. The previous regulations specified a minimum space to sustain team games, depending on the number and age of pupils, while the current regulations state:

Suitable outdoor space must be provided in order to enable—

- (a) physical education to be provided to pupils in accordance with the school curriculum; and .
- (b) pupils to play outside. 37

### 4.1 Disposal of playing fields

Department for Education guidance on the sale and protection of school land was updated in February 2015.38 The guidance sets out the relevant legislation and procedure relating to the disposal of school

Local authorities wishing to dispose of school land previously required consent under Schedule 35A to the Education Act 1996. On 1 February 2012, Schedule 35A was repealed by Schedule 14 to the Education Act 2011.

Schedule 14 also substituted a new Schedule 1 to the Academies Act 2010 which extends the requirement to obtain Secretary of State consent to dispose of community school land to include all land in which a freehold or leasehold interest is held by the local authority and which has been used for any school (including any academy) in the last eight years.

Local authorities wanting to dispose of playing field land still need consent under Section 77 of the Schools Standards and Framework Act 1998, but consent is now also required for disposal of any land used by a school or academy under Schedule 1 to the Academies Act 2010. Academies also need consent to any leases or disposals under their Funding Agreement.

Academy Trusts wishing to dispose of land for which they hold the freehold are required under the terms of their funding agreement, and under the new Schedule 1 to the Academies Act 2010, to seek the consent of the Secretary of State before making any disposal. They should do this through application to the Education Funding Agency.

Schools and academies on land leased from the local authority also need consent to change the use of playing field land – for example to build a new teaching block on it.39

Regarding the disposal of school paying fields in particular, the guidance states:

Potential applicants should remember that the Secretary of State wishes to ensure that playing fields continue to be protected. The

Schedule 2 of the Education (School Premises) Regulations 1999, SI 1999/2; The School Premises (England) Regulations 2012, SI 2012/1943

Land and property: Sale and protection of school land, Department for Education, 23 January 2014.

Department for Education will usually only agree to the sale of school playing fields if the sports and curriculum needs of schools and their neighbouring schools can continue to be met. Sale proceeds must be used to improve sports or education facilities and any new sports facilities must be sustainable for at least 10 years.

The Secretary of State expects applicants to have first investigated and exhausted all other possible sources of funding before considering the sale of school playing fields.<sup>40</sup>

Further information, including the criteria used to assess applications to dispose of playing fields, is provided in non-statutory advice published by the Department for Education, <u>Advice about the protection of school playing fields and public land</u>.

# The Local Area Referendum (Disposal of School Playing Fields) Bill 2015-16

On 29 June 2015, Tom Pursglove presented the <u>Local Area Referendum</u> (<u>Disposal of School Paying Fields Bill 2015-16</u>. The Bill is scheduled to have its Second Reading debate on 20 January 2015.

The long title of the Bill states that it makes provision:

for a scheme for the triggering and holding of a local area referendum to approve a proposed sale of or including school playing fields by a local education authority or state-funded school; and for connected purposes. 41

The Bill provides that a body proposing to sell playing field land of a publicly funded school would be required to conduct a public consultation on the proposed sale.

Once the consultation has concluded, the Bill provides that any person would be able to submit a petition objecting to the proposed sale. If more than a certain threshold of eligible people sign such a petition or petitions, a local area referendum would be held on the proposed sale. The designation of eligible petitioners and the required threshold would be worked out in accordance with regulations made under the Bill by the Secretary of State.

If the referendum decided by simple majority against the proposed sale of playing field land, the Bill provides that that land would not be able to be offered for sale, except in exceptional circumstances, for 10 years.

<sup>40</sup> Ibid

<sup>&</sup>lt;sup>41</sup> HC Deb 29 June 2015, c1228

# 5. Olympic Legacy and the Youth **Sport Strategy**

In January 2012, the then Culture Secretary, Jeremy Hunt, announced the publication of a five-year youth and community sport strategy aimed at increasing the number of young people developing sport as a habit for life. Among other things, the strategy aimed to improve the link between schools and local sports clubs, with the objective that by 2017 "every secondary school and many primary schools will have links with at least one local club." The strategy additionally committed funding "to allow schools to open up their sports facilities ... to the public." 42

In September 2012, the Coalition Government announced a ten point plan as part of a commitment to secure a lasting sporting legacy from the 2012 London Olympic Games. 43 The written ministerial statement announcing the plan referenced the youth sport strategy, the schools games and role of PE in the school curriculum:

### Youth Sport Strategy (Whole Sport Plans)

Also, through Sport England, we are investing £1 billion over the next five years in the youth sport strategy to encourage everyone, but particularly young people to take up sport and develop a sporting habit for life. This strategy will provide lottery and exchequer funding to: enable the sports' governing bodies to create more opportunities for everyone to participate in sport at least once a week; help local authorities improve sport provision; support local organisations, well-run clubs, voluntary groups and other partners such as the Dame Kelly Holmes Legacy Trust and Street Games: enhance sport provision at further education colleges and Universities; upgrade community sports facilities and invest in new facilities; enable schools to open up their sporting facilities for use by local communities; rolled out at least 6,000 partnerships between schools and local sports clubs by 2017.

#### **School Games**

We have introduced the school games programme, with sponsorship from Sainsbury's and HRH Prince Harry of Wales as president. Over half the schools in England are already taking part, including primary, secondary, special and independent schools

#### PΕ

PE and sport remains an integral part of the school curriculum. Nevertheless, we recognise that more needs to be done to ensure all our children have the chance to enjoy sport in school, to compete against their peers and to promote and celebrate sporting excellence at a young age.44

### Update on progress

The written ministerial statement announcing the "10 point sports legacy plan" also included an undertaking to provide guarterly updates

<sup>&</sup>lt;sup>42</sup> Department for Culture, Media and Sport, <u>Creating a sporting habit for life: A new</u> vouth sport strategy, January 2012, p4.

HC WMS 18 Sep 2012 c 36WS

<sup>44</sup> HC WMS 18 Sep 2012 c 36WS

to the House on its delivery. In a written ministerial statement on 5 March 2015, Helen Grant, the then Parliamentary Under-Secretary at the Department for Culture, Media and Sport, provided an update on progress in delivering the plan, which included information on the Youth Sport Strategy, the School Games, the PE and Sport Premium and the Primary Spaces Facilities Fund:

[...]

#### Youth Sport Strategy

The latest Active People Survey results saw an increase in the number of 16 – 25 year olds playing sport regularly, with 3.78 million young people playing sport once a week. This is an increase of 133,400 since 2005 when London won the bid to host the 2012 Olympic and Paralympic Games.

Satellite Clubs is Sport England's £49 million programme that brings community sports clubs into schools and colleges. With over 3,600 clubs already up and running, Sport England is on track to meet its target of setting up 5,000 clubs by 2017. There are over 480 clubs, which are girls only, and Sport England estimates that through these clubs over 18,000 girls are playing sport regularly.

Sportivate is Sport England's £56 million National lottery funded Olympic legacy programme which, since June 2011, has reached half a million 11-25 year olds and introduced them to sport through a six to eight week coaching course. The coaching courses offer over 80 sports, including traditional sports like football, cricket and rugby, and also activities like windsurfing, parkour and skateboarding.

[...]

#### **School Games**

The School Games is Government's framework for competitive school sport, which aims to give every schoolchild, no matter their ability or disability, the chance to participate in high-quality competitive sport. The School Games offer intra-school, interschool, county festivals and national finals competition for school children.

The School Games national finals 2014 were held in Manchester on 4-7 September. A total of 1,600 athletes competed in 12 sports in venues across the city. With more than 20,000 spectators and more than 400 volunteers, the event provided an opportunity to highlight the importance of youth sport. The Games have been a launch pad for many elite athletes—for example, 150 of the competitors at the recent Commonwealth games in Glasgow had taken part in the School Games previously.

As of 10th January 2015, 16,491 schools were actively engaged in the School Games. Manchester has been confirmed as the venue for the 2015 Finals.

#### **PE and School Sport**

The Primary Spaces Facilities Fund will enable 601 schools to improve their outdoor facilities and create spaces that will inspire and encourage pupils to take part in play.

Schools were awarded grants up to £30,000. All 601 schools have their projects planned this year; they are being installed in five waves throughout the academic year. Approximately 150 projects

have now been completed with children enjoying their newly enhanced outdoor facility.

In October last year, Ofsted published a survey report on the primary school sport premium looking at the first year of delivery of the primary PE and sport fund. The results were positive showing lots of good practice and that, in the majority of schools visited, head teachers were using the funding to make improvements to PE and sport. The report highlighted the need for clearer guidance for schools, which has now been taken up by the Department for Education. 45

Further information on Government efforts to secure a sporting legacy from the 2012 London Olympics is available in Library Briefing Paper 4868, London Olympics 2012: a sporting legacy?

### 5.1 A new sport strategy

An Opposition day debate on sport and the 2012 Olympics legacy was held on 24 June 2015. During the debate, Chris Bryant, the Shadow Secretary of State for Culture, Media and Sport, called for the Government to "present an annual report on school sport to Parliament, so we can all agree on the facts, which would be brought to the House on a cross-party basis." 46 John Whittingdale, the Secretary of State for Culture, Media and Sport, stated that the Government would "review our sports strategy and look to adopt a fresh approach to seeing what more we can do to increase participation." 47

A <u>consultation</u> on a new sport strategy was published on 31 July 2015. It set out the following as areas the Government wanted to address:

- a. How to make sure that the impact of the PE and Sport Premium is sustainable over the long term – in terms of both:
  - i. improved provision in primary schools
  - ii. continued participation and engagement of current primary school pupils as they progress through to secondary level
- b. How to encourage young people to be active, and the role that schools can play in supporting this;
- c. How to continue to make the School Games relevant both in encouraging competitive sport and as part of the talent pathway;
- d. How to make the sporting offer for children and young people outside of school and school hours as attractive and accessible as possible;
- e. How we can encourage sport participation in further and higher education;
- f. How to ensure that schools, community sports clubs, central government and its agencies work together as effectively as possible to maximise opportunities for young people to take part in sport and be physically active.<sup>48</sup>

<sup>45</sup> HCWS349, 5 March 2015.

<sup>&</sup>lt;sup>46</sup> HC Deb 24 June 2015 c971-2

<sup>&</sup>lt;sup>47</sup> HC Deb 24 June 2015 c978

<sup>&</sup>lt;sup>48</sup> DCMS, <u>A New Strategy for Sport: Consultation Paper</u>, August 2015, p20

### The Strategy

The consultation closed on 2 October 2015 and the new sport strategy, <u>Sporting Future: A New Strategy for an Active Nation</u>, was published in December 2015.

Regarding school sport, the strategy emphasised the importance of linking together the different stages of education and seeing them "as part of the wider 'taking part' strategy". <sup>49</sup> The strategy also contained a number of Government commitments relating to school sport:

- A working group will be established in early 2016 to advise on how to ensure that no child leaves school unable to meet a minimum capability in swimming. The group will report by the end of 2016.<sup>50</sup>
- The Primary PE and Sport Premium will be continued. 51
- The Government will "seek to better seek to better understand the barriers and issues around the drop-off in engagement from primary to secondary as well as identify good practice, particularly for those groups who are most affected, such as girls." 52
- The Government, along with Sport England and the Youth Sport Trust will "assess the effectiveness and future priorities of the School Games". This will take place before the Level 4 Finals in 2016.<sup>53</sup>

The strategy announced that the remit of Sport England would be extended so that it becomes responsible sport outside school from age 5, rather than 14. In addition, the Active People Survey, which Sport England uses to measure participation in sport and physical activity, will be replaced with a new Active Lives Survey. The strategy stated the Government would consult with Sport England and other stakeholders in the first half of 2016 to develop "the most appropriate extension of the Active Lives method for measuring children's engagement in sport and physical activity." <sup>54</sup>

The strategy set out a number of key performance indicators for each output. These included, but were not limited to:

- KPI 4 Increase in the percentage of children achieving physical literacy standards
- KPI 5 Increase in the percentage of children achieving swimming proficiency and Bikeability Levels 1-3
- KPI 6 Increase in the percentage of young people (11-18) with a positive attitude towards sport and being active.

<sup>&</sup>lt;sup>49</sup> HM Government, <u>Sporting Future: A New Strategy for an Active Nation</u>, December 2015, p32

<sup>&</sup>lt;sup>50</sup> As above, p33

<sup>&</sup>lt;sup>51</sup> As above, p35

<sup>&</sup>lt;sup>52</sup> As above, p35

<sup>&</sup>lt;sup>53</sup> As above, p36

<sup>&</sup>lt;sup>54</sup> As above, p33

<sup>&</sup>lt;sup>55</sup> As above, p78

# 6. Surveys and reports

This section provides brief information about a number of surveys and reports on school sport.

### 6.1 Ofsted's Beyond 2012 report, February 2013

In February 2013, Ofsted published a report based on inspections of physical education in schools between September 2008 and July 2012.56 The report's introduction acknowledged improvements made to physical education and school sport, but stated that improvement was still needed:

This report...acknowledges the improvements made to PE and school sport over the last four years. However, inspectors found that despite significant investment during much of this time, not all pupils have a good physical education. In some schools, there is not enough physical education in PE. In other schools, PE is not taught in enough depth and there is only limited access to a high standard of competitive sport. PE requires further improvement in about one third of primary schools and one quarter of secondary schools.

In primary schools, some teachers lack the specialist knowledge needed to teach PE well and outcomes for pupils are not as good as they could be. More able pupils are not always challenged to achieve their very best, levels of personal fitness are not high enough and not all pupils are able to swim 25 metres before they leave school. PE in secondary schools does not always contribute to improving pupils' fitness. More able pupils do not have enough time to practise and achieve their very best. Only a minority of schools play competitive sport to a very high level. Only a few schools have achieved a balance between increasing participation and generating elite performance: in these schools sport was played to a very high standard.

Nevertheless, the report confirms there is more good and outstanding PE than at the time of the last Ofsted PE survey in 2008. Sustained government investment has enabled schools to make significant improvements in PE and school sport. However, continuing these improvements will present a formidable challenge for schools against a backdrop of greater expectations. Ofsted recommends that the Department for Education considers devising a new national strategy for PE and school sport that builds on the successes of school sport partnerships and enables schools to make a major contribution to the sporting legacy left by the 2012 Olympic Games.

The press release accompanying the report highlighted the following recommendations from the report:

The Department for Education should build on the improvements made to PE and harness the interest and momentum generated by the 2012 London Games by devising and implementing a new national strategy for PE and school sport.

Ofsted, Beyond 2012 – outstanding physical education for all: Physical education in schools 2008-12, February 2013.

The Department for Education should ensure that those responsible for the initial training of primary teachers should provide them with sufficient subject knowledge to enable them to teach PE well.

Teachers should improve pupils' fitness by keeping them physically active throughout all lessons and engaging them in regular, high intensity vigorous activity or sustained periods of time.

Teachers should raise their expectations of where more able pupils are capable of achieving and provide them with challenging, competitive activities that lead to high standards of performance.57

### 6.2 Smith Institute report on school sport participation, May 2013

In May 2013, the Smith Institute published a report on school sport based on an online survey of school teachers, school games organisers and school sport partnerships staff. 58 The key findings of the survey, as highlighted by the report, included:

- 34% of primary school teachers and 35% of secondary school teachers reported a decrease in participation since the removal of ring-fenced funding for school sports partnerships.
- 36% of primary school teachers reported a worsening of sport in their school under the new funding system, 48% said it had stayed the same and 16% said it had improved.
- 37% of secondary school teachers reported a worsening of sport in their school under the new funding system, 55% said it had stayed the same, and 8% said it had improved.
- A majority of teachers were signed up for School Games but "significant minority" stated that they were not.
- The majority reported that their School Sports Partnerships had remained in place after ring-fenced funding had ended. 28% of primary school teachers and 34% of secondary school teachers reported that they were no longer a part of a School Sport Partnership.
- Over 90% believed that non-competitive physical activities must be encouraged alongside competitive activities.
- 97% agreed that schools should have a minimum target of two hours PE and Sport a week.59

### 6.3 Education Committee report on school sport, July 2013

In July 2013, the Education Committee published its report, School sport following London 2012: No more political football.

The report noted the importance of school sport in improving outcomes in education, health and society, and in developing a lifelong sporting habit. Its summary reported a consensus around primary school as the correct focus for Government investment in school sport, and noted

<sup>&</sup>lt;sup>57</sup> "Not enough physical in physical education", Ofsted, 14 February 2013.

<sup>&</sup>lt;sup>58</sup> Smith Institute, <u>School sport participation and the Olympic legacy</u>, May 2013.

<sup>&</sup>lt;sup>59</sup> Smith Institute, <u>School sport participation and the Olympic legacy</u>, May 2013, pp4-5.

that the Government's emphasis on competitive sport brought with it many benefits. The summary also raised a number of concerns. including:

- The problems an overemphasis on competitive sport can cause
- The short-term approach of successive governments to school sport
- Staff training and the accountability of schools for the use of the primary sport premium. 60

The Committee's press notice highlighted the following conclusions and recommendations from the report:

#### The report:

- Recommends that the Government sets out a plan for the sustained support and development of its school sports policy.
- Recommends that the Government devises a new strategy for school sports that builds on the many strengths of the school sport partnership model.
- Recommends that the Department for Education does more work to make its guidance on the effective use of the primary sport premium as practical and useable as possible.
- Concludes that on its own, the primary sport premium is inadequate.
- Concludes that further action is needed to ensure that the 2012 legacy in schools benefits all children and lasts beyond the two years of the primary sports premium.
- Recommends that further accountability measures are needed to ensure that schools are delivering high quality sport for their pupils. 61

The Government's response was published in October 2013.62 On the accountability of schools for how they use funding for PE and sport, the response said:

Sustainability and accountability are also addressed through the broader elements of the strategy: it is vitally important that the money committed is spent well. Through the conditions of grant, schools are required to publish online for parents the details of their full PE and sport offer and the impact upon pupil attainment. This will strengthen the ability of parents to hold their children's schools to account for the funding. The additional investment in primary school sport has also been ring-fenced, a unique position in school funding and one which demonstrates the importance we place on PE and sport in schools. 63

<sup>&</sup>lt;sup>60</sup> Education Committee, School sport following London 2012: No more political football, 22 July 2013, HC164 2013-14, pp3-4.

School sport following London 2012: no more political football, Parliament website, 22 July 2013

<sup>&</sup>lt;sup>62</sup> Education Committee, School sport following London 2012: No more political football: Government Response, HC 723 2013-14.

Education Committee, School sport following London 2012: No more political football: Government Response to the Committee's Third Report of Session 2013-14, HC 723 2013-14, pp1-2.

The report, and the Government's response, were debated in Westminster Hall on 5 December 2013. Issues debated included:

- the cost-effectiveness of school sports partnerships;
- the need for long term funding and appropriate training for teachers in its use;
- the duty on schools to provide adequate sport and PE and their accountability;
- the effect of a competitive focus;
- the adequacy of facilities, particularly for swimming;
- the protection of school playing fields; and
- the limited benefit of a small number of primary school specialists.64

### 6.4 Report of the House of Lords Select Committee on Olympic and Paralympic Legacy, November 2013

The Select Committee on Olympic and Paralympic Legacy published Keeping the flame alive: the Olympic and Paralympic Legacy in November 2013.

The summary stated that physical education needed a greater emphasis in the school day:

The interaction between sports clubs and schools, as well as wider social infrastructure, is key to establishing life-long patterns of physical activity. We support the findings of a recent study by Baroness Grey-Thompson on sport in schools in Wales<sup>65</sup> and believe the principles underlying her findings should be applied throughout the United Kingdom.

In particular, PE needs a greater emphasis in the school day and that teachers, particularly in primary schools, need the training and skills to teach PE if we are to achieve meaningful progress. Improving PE is fundamental—where it starts and ends—and we call on the DfE and Ofsted to take more active roles in making this change happen. 66

The report's conclusions and recommendations on school age sport included:

- School Sport Partnerships were not universally successful but did provide a shared infrastructure which should be maintained.
- Ofsted should include time spent on PE in school inspections to ensure development of teachers and coaches and there should be a review of initial training for PE teachers.

<sup>64</sup> HC Deb 5 December 2013, c355-76WH

<sup>65</sup> Physical Literacy - an all Wales approach to increasing levels of physical activity for children and young people, The Schools and Physical Activity Task and Finish Group, June 2013

Committee on Olympic and Paralympic Legacy, Keeping the flame alive: the Olympic and Paralympic Legacy, HL 78 2013-14, summary.

- There should be cooperation between schools in developing and sharing facilities and Ofsted should monitor use of the Sport Premium to ensure this.
- Competition between schools and school age competition should be developed and expanded to include children with a limiting disability; however participation must be widened to include the greatest number of children by including other forms of physical activity.<sup>67</sup>

In February 2014 the Government and the Mayor of London published a response to the Committee's report. The report and the Government's response were debated in the House of Lords on 18 March 2014. Responding to the debate on behalf of the Government, Lord Bates said:

Let me try to deal with the point relating to school sport, as that is something that all noble Lords talked about. The government are trying to focus attention on primary school teachers and club coaches through investment in primary schools, with £150 million a year for primary school sport for two years from September 2013. Many schools are using the funds to invest in professional development—which is exactly what my noble friend Lord Moynihan urged us to do—and to encourage high-quality coaches. Sport England is also investing more than £400 million in the 46 governing bodies to deliver whole-sport plans. The National College for Teaching and Leadership has already developed a new specialist primary PE course for trainee teachers.68

### 6.5 DCMS's 2013-14 Taking Part survey, September 2014

In September 2014, the Department for Culture, Media and Sport published the 2013/14 results of Taking Part, a household survey in England looking at participation in culture and sport. The report findings relating to participation in sport included:

- In the four weeks prior to being interviewed, 84 per cent of 5-10 year olds took part in sport outside of school and 97 per cent of 11-15 year olds took part in sport in or outside of school. These results have remained stable for 5-10 year olds since 2008/09. For 11-15 year olds, participation is at a similar level to 2008/09 but has increased significantly since 2010/11 (95%).
- Amongst all children (5-15 year olds) 90 per cent had taken part in sport in the 4 weeks. Following a significant decrease from 2008/09 (90%) to 2012/13 (88%), this figure has now returned to a similar proportion to 2008/09.

78 per cent of 5-15 year old children reported that they had participated in some form of competitive sport in the last 12 months. Nearly three quarters had taken part in competitive sport in school (74%), whilst a third had taken

HL Deb 19 March 2014 c267

Committee on Olympic and Paralympic Legacy, Keeping the flame alive: the Olympic and Paralympic Legacy, HL 78 2013-14, pp9-10.

part outside of school (34%). There have been no significant changes recorded in these figures since 2011/12, which was the first full year this question was asked.<sup>69</sup>

A full list of the key findings is provided on pages 5 and 6 of the report.

### 6.6 Youth Sport Trust's PE, School Sport and Physical Activity Survey Report, January 2015

In January 2015, the Youth Sport Trust published the findings of its PE, school sport and physical activity survey, which was carried out in June and July 2014.

The report stated that some of the survey's findings were "extremely encouraging", including that 97% of primary schools and 85% of secondary schools surveyed actively encouraged physical activity as part of the school day". In addition, the majority of schools surveyed recognised "the positive role sport can play in helping change the lives of young people".<sup>70</sup>

Whilst noting that the results of its survey could not be directly compared against the last PE and School Sport Survey, conducted in 2009/10, the report stated that the data suggested a decline in certain areas since 2009/10, including in the average minutes of PE offered to pupils per week:

• The average number of minutes spent taking part in PE in a typical week was found to be 102 for Key Stage 1 and 114 for Key Stage 2 in the 2013/14 survey. However, respondents to a similar question in the 2009/10 survey indicated higher values of 126 minutes in Year 1 and 2 (Key Stage 1) and 127 minutes in Year 3, 4, 5 and 6 (Key Stage 2).<sup>71</sup>

When asked what they considered to be most important in ensuring high quality PE and sport, the top three factors highlighted by the schools surveyed were:

- Continued investment in primary sport provision (82%)
- Infrastructure or support for schools to work together (51%)
- Continued investment in the Sainsbury's School Games (45%).<sup>72</sup>

### 6.7 Youth Sport Trust's Class of 2035 report, June 2015

In June 2015, the Youth Sport Trust published a report it commissioned from the Future Foundation: The Class of 2035: Promoting a brighter

Department for Culture, Media and Sport, <u>Taking Part 2013/14 Annual Child Report</u>, September 2014, p5-6.

Youth Sport Trust, <u>YST National PE, School Sport and Physical Activity Survey Report</u>, January 2015, p3

<sup>71</sup> Ibid

<sup>72</sup> Ibid

and more active future for the youth of tomorrow. The report examined the current state of PE and sport in the UK before looking to the future and outlining four possible scenarios for what PE and sport may look like in 2035.

On the current state of PE and sport, the report's findings included:

- 75% of young people say they enjoy PE lessons in school
- 23% of young people think playing a computer game with friends is a form of exercise
- Young people who described themselves as 'always happy' are twice as likely to take part in two or more hours of physical activity per day, and three times as likely to be a member of a school sports club
- Over 40% of young people would like to do more exercise.<sup>73</sup>

Regarding the future, the report concluded that of the four possible scenarios outlined for 2035, the most likely ("the digitally distracted generation") was not the most nor the least desirable. The report outlined a number of actions that it believed necessary in order to achieve the most desirable scenario ("the fit-for-purpose generation"). The recommended actions included:

- Better alignment between schools and sports clubs
- Active promotion of physical literacy to both parents and pupils
- A longer-term approach to policy development
- Putting technology at the forefront of future sport engagement strategies
- Better recognition in the school curriculum of the broader benefits of sport.74

A full list of recommendations is provided on pages 41-43 of the report.

<sup>&</sup>lt;sup>73</sup> "Young people at risk of becoming 'hostages to handheld devices' warns Youth Sport Trust", Youth Sport Trust, 23 June 2015.

Future Foundation, The Class of 2035: Promoting a brighter and more active future for the youth of tomorrow, June 2015, pp38-43.

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