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Official Statistics

# Data tables: children living with parents in emotional distress, 2021 update

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**Table 1: Proportion of children living with at least one parent reporting symptoms of emotional distress**

Category	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015	2015-2016	2016-2017	2017-2018	2018-2019
	Per cent (%)	Per cent (%)	Per cent (%)	Per cent (%)	Per cent (%)	Per cent (%)	Per cent (%)	Per cent (%)	Per cent (%)
Proportion of children living with at least one parent reporting symptoms of emotional distress	27.3	28.1	25.8	28.5	25.6	26.5	29.0	30.4	31.6
Proportion of children where mother is reporting symptoms of emotional distress	21.0	21.4	21.4	20.7	19.1	20.2	22.3	23.6	24.1
Proportion of children where father is reporting symptoms of emotional distress	12.1	12.6	10.3	13.8	11.8	11.4	12.1	12.5	14.2
Proportion of children where both mother and father are reporting symptoms of emotional distress	3.7	3.8	4.4	3.6	3.4	3.3	3.6	3.6	4.5

Source: Understanding Society survey, 2010 to 2019 (UK)

**Table 2: Proportion of children living with at least one parent reporting symptoms of emotional distress, by family type and work status**

2018 to 2019	Workless family	At least one parent working
	Per cent (%)	Per cent (%)
Lone-parent family	41.3	35.4
Couple-parent family	58.5	29.0

Source: Understanding Society survey, 2018 to 2019 (UK)

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